

Turners Blinds and Shutters Hadleigh 10

Race Number	Firstname	Lastname	Running Club
1	Ruth	Acworth	
2	Mary	Akin-George	
3	Tom	Alexander	Woodbridge Shufflers RC
4	Mark	Allen	Woodbridge Shufflers RC
5	Lee	Allen	Harwich Runners
6	Stephen	Ames	
7	Sean	Andrews	
8	Mark	Andrews	
9	James	Attenborough	
10	Emma	Attwood	Stowmarket Striders RC
11	Mark	Avery	Ipswich Jaffa RC
12	Colin	Baker	
13	Samantha	Banks	Ipswich Jaffa RC
14	Will	Barnard	
15	Jonathan	Barnes	Woodbridge Shufflers RC
16	Laura	Beale	
17	Becky	Beard	
18	Marion	Bennett	Ipswich Jaffa RC
19	Jamie	Bennett	Ipswich Jaffa RC
20	Graham	Bernthal	
21	Andre	Besant	
22	Maxine	Bishop	
23	Agnieszka	Bobrowska	
24	Steven	Boggis	
25	Ian	Bolton	
26	Lin	Bolton	
27	Anita	Bond	Eastern Masters AC
28	Keith	Borrett	
29	Lucy	Bowditch	
30	Mark	Bowditch	
31	Ian	Bown	GoodGym Race Team
32	Kaye	Branton	Felixstowe RRC
33	Rachal	Brett	
34	Alan	Bridgman	
35	aimee	brinzer	Witham RC
36	Steve	Brooke	Felixstowe RRC
37	Laura	Brown	Stowmarket Striders RC
38	PAUL	BROWN	Harwich Runners
39	Caroline	Brown	Ely Runners
40	Paul	Brown	Framlingham Flyers
41	Scott	Bruce	Lowestoft Road Runners
42	andrew	budd	Capel Cheetahs
43	Piotr	Bulacz	Sudbury Joggers

44	Sylvia	Bullen-Bell	
45	Sandra	Bumphrey	Capel Cheetahs
46	Ben	Burrows	Woodbridge Shufflers RC
47	Heather	Bush	
48	Graham	Bush	Woodbridge Shufflers RC
49	Wilfred	Campbell	Ipswich Jaffa RC
50	Benjamin	Carpendale	Felixstowe RRC
51	Mik	carr	Bungay Black Dog RC
52	Richard	Carron	
53	James	Carter	Great Bentley Running Club
54	Gianna	Cesarano	
55	Ray	Challoner	
56	karen	chamberlain	Ipswich Jaffa RC
57	duncan	chamberlain	Ipswich Jaffa RC
58	David	Church	Felixstowe RRC
59	Jenny	Church	Felixstowe RRC
60	Daniel	Clark	Felixstowe RRC
61	Mark	Clements	Ipswich Jaffa RC
62	Jo	Clements	
63	Adrian	Cole	Stowmarket Striders RC
64	Chris	Connolly	Ipswich Jaffa RC
65	Darren	Cook	Felixstowe RRC
66	Ian	Cooke	
67	Amanda	Crichton	
68	Mark	Crompton	
69	Gillian	Croot	
70	Dawn	Cullimore	
71	Kris	Dalby	Harwich Runners
72	Derek	Daly	Saxmundham Sports Running & Fitness Club
73	Mark	Davey	
74	Zara	Davis	Hadleigh Hares AC
75	Simon	Day	Harwich Runners
76	Becky	Day	Boxted Runners
77	Brett	Deakin	Felixstowe RRC
78	richard	Dempsey	Woodbridge Shufflers RC
79	Jo	Dickinson	Felixstowe RRC
80	Barry	Dixon	
81	Vanessa	Dolling	Boxted Runners
82	Lisa	Dove	Sudbury Joggers
83	Cheryl	Drake	
84	Kimberley	Dye	
85	Jon	Earye	
86	Karen	Eaton	Felixstowe RRC
87	john	edwards	
88	Andy	Ellis	Felixstowe RRC
89	Carmen	Elliston	
90	James	Ellul	Felixstowe RRC

91	Anna	Emms	
92	Matthew	Enfield	
93	fudge	Farrar	Bungay Black Dog RC
94	Richard	Fellingham	Stowmarket Striders RC
95	Peter	Finch	Ipswich Jaffa RC
96	Jonathan	Finch	Tiptree Road Runners
97	Sarah	Fitch	Felixstowe RRC
98	Kevin	Fitchett	
99	Simon	Fitzgerald	
100	Mark	Flatman	
101	Karen	Flowers	Witham RC
102	Caroline	Fosker	
103	Samie	Franklin	
104	Amanda	Fraser Fish	Woodbridge Shufflers RC
105	peter	fraser-hopewell	Harwich Runners
106	samantha	fulcher	
107	Kerry	Fuller	
108	Tony	Gavin	Felixstowe RRC
109	Dawn	Gillett	
110	Miss Freya	Gillott	
111	Paul	Gilson	Ipswich Jaffa RC
112	Ann	Granger	Saxmundham Sports Running & Fitness Club
113	Karl	Graves	Boxted Runners
114	Simon	Green	Ipswich Triathlon Club
115	Caroline	Green	
116	Collette	Green	Felixstowe RRC
117	David	gridley	
118	Gary	Groves	
119	Michelle	Guy	
120	David	Guy	
121	Daniel	Hadden	
122	Laura	Hall	
123	Rachael	Hamblyn	Ipswich Jaffa RC
124	Andrew	Hammond	Norfolk Gazelles AC
125	Charles	Hann	Sudbury Joggers
126	Jackie	Hann	Sudbury Joggers
127	Patrick	Hannah	
128	Sue	Hargadon	Ipswich Triathlon Club
129	Simon	Harkin	Stowmarket Striders RC
130	Robin	Harper	Felixstowe RRC
131	Deb	Harrison	Braintree & District AC
132	Sharon	Hayfield	
133	Emma	Healy	
134	Joanne	Hearn	Running Colchester
135	Jeremy	Hennell James	
136	anne	herbert	Harwich Runners
137	Jeff	Higgon	Harwich Runners

138	Jo	Higgon	Harwich Runners
139	Jonny	Hodges	
140	Chris	Hoggarth	
141	Paul	Hollidge	Great Bentley Running Club
142	Derek	Hood	Ipswich Jaffa RC
143	Trish	Hopkins	Felixstowe RRC
144	Paul	Horne	Vegetarian Cycling & AC
145	Hayley	Howard	
146	Kate	Howard	
147	Jacqui	Howes	
148	Chris	Howland	Felixstowe RRC
149	Faye	Hubbard	
150	Lorraine	Huggins	
151	mark	hughes	Stowmarket Striders RC
152	Wendy	Hughes	Stowmarket Striders RC
153	David	Hunt	Witham RC
154	Linda	Hunt	Bungay Black Dog RC
155	Iain	Hunter	Stowmarket Striders RC
156	Kate	Hutson	Ipswich Jaffa RC
157	Philip	Hymers	Saint Edmund Pacers
158	Samantha	Ingram	
159	Alan	Jackson	Ipswich Jaffa RC
160	Benjamin	Jacobs	Felixstowe RRC
161	Christopher	James	Stowmarket Striders RC
162	Martin	Jarvis	
163	Sandra	Johnson	
164	Gregor	Kennedy	
165	Rebecca	Kerridge	
166	Beth	King	Norfolk Gazelles AC
167	Anna	Kocinska	
168	Alex	Kuczer	
169	Jim	Last	Framlingham Flyers
170	Elise	Law	
171	Jules	Lawrence	Harwich Runners
172	Marcus	Leeder	
173	Kevin	Linsell	
174	Jo	Lummis	
175	Esther	Lury	Ipswich Jaffa RC
176	Jenny	Lynch	Felixstowe RRC
177	Calvin	Macro	
178	Jemma	Maddams	
179	Hannah	Mae	Bungay Black Dog
180	Matt	Makin	Felixstowe RRC
181	Michael	Marriott	
182	David	Marsh	
183	Dawn	Marshall	Saint Edmund Pacers
184	Stuartt	Masters	

185	Larissa	Mayhew	
186	Eamonn	McCusker	Ryston Runners
187	Bobby	Mclaren	
188	Steve	McNamara	Stowmarket Striders RC
189	Victoria	Metson	
190	Lloyd	Miles	Billericay Striders
191	Andy	Miley	Ipswich Jaffa RC
192	denis	mole	Havering '90 Joggers
193	James	Montgomery	Witham RC
194	Robert	Morgan	St Edmund Pacers
195	Vaughan	MORRIS	Stowmarket Striders RC
196	Heidi	Morris	
197	Paul	Morris	
198	Chris	Mower	Saint Edmund Pacers
199	Ross	Murphy	
200	Mary	Narey	Stowmarket Striders RC
201	Joan	Nevin	Haverhill Running Club
202	John	Nevin	Haverhill Running Club
203	Steve	Oglesby	Haverhill Running Club
204	Anne	Oliver	Felixstowe RRC
205	stephen	oliver	
206	hayley	oliver	
207	Preston	Osborn	
208	Nikki	osborne	
209	Anelli	Ostler	Felixstowe Road Runner
210	Mark	Oxford	Ipswich Triathlon Club
211	Matt	Paisley	
212	Steve	Palfrey	
213	Tim	Parnell	Felixstowe Road Runners
214	steven william	parry	Ipswich Jaffa RC
215	Thomas	Parsons	
216	Steve	Paul	Eastern Masters AC
217	Ricky	Peacher	Framlingham Flyers
218	Adrian	Peake	Ipswich Jaffa RC
219	david	pearson	
220	Stephen	Pettit	Fetch Everyone
221	Sandy	Phillips	Ipswich Jaffa RC
222	Amy	Plumbly	Hadleigh Hares AC
223	Justin	Potter	Stowmarket Striders RC
224	Abby	Powlett	
225	Kim	Pretty	
226	Christina	Pretty	
227	Stephen	Pretty	
228	CLIVE	PURBROOK	Newmarket Joggers
229	Steven	Ramsey	
230	Scott	Ramsey	Hadleigh Hares
231	Tobias	Rankin	

232	Graham	Rankin	
233	Alastair	Read	Felixstowe RRC
234	steven	reynolds	
235	Emma	Richbell	Sudbury Joggers
236	Steve	Roberts	Sudbury Joggers
237	Andrew	Robertson	
238	Dave	Robinson	
239	Chris	Rookyard	
240	Rita	Rue	Saint Edmund Pacers
241	Jill	Rush	
242	Jimmy	Russell	Felixstowe RRC
243	Stephen	Sadd	
244	Adrian	SADLER	
245	Nicola	Sadler	
246	Ed	Saltmarsh	
247	Phil	Sanderson	
248	Nigel	Schofield	Saint Edmund Pacers
249	Paul	Schwer	Felixstowe RRC
250	Ian	Scopes	
251	Ewan	Scopes	
252	Kevin	Scutcher	
253	Chris	Seymour	Stowmarket Striders RC
254	Louise	Shepherd	
255	Bethany	Shippey	Witham RC
256	COLIN	SHORT	Witham RC
257	ian	sillett	Felixstowe RRC
258	Ross	Silverton	Witham RC
259	Mark	Skinner	
260	Emma	Smith	Running Colchester
261	Richard	Smith	Sudbury Joggers
262	Heather	Smith	
263	Chris	Smith	Suffolk Trail Runners
264	Rebecca	Smith	
265	Paul	Smith	
266	Dave	Solomon	Felixstowe RRC
267	Rachel	Southgate	
268	Zoe	Sowerby	
269	Carol	Spurgeon	
270	Terry	Spurgeon	
271	Pamela	St Leger-McConnell	
272	Simon	Stafford	
273	Jo	Steed	
274	Will	Steed	
275	Jo	Stephenson	Stowmarket Striders RC
276	Rob	Stevens	
277	Tony	Stewart	
278	Lucy	Street	

279	Peter	Thompson	Norfolk Gazelles AC
280	Andrew	Thompson	Ely Runners
281	Sandy	Thorogood	Sudbury Joggers
282	Jessica	Thorpe	Stowmarket Striders RC
283	Nessie	Thorpe	
284	Chris	Thrower	
285	Aubrey	Todd	Boxted Runners
286	Lucy	Tomlinson	
287	Claire	Trott	
288	mary-ann	Tuli	Haverhill Running Club
289	Marcus	Turner	
290	Wing-Mei	Ung	Boxted Runners
291	Steven	Utteridge	
292	Suzanne	Vincent	
293	Adam	Wade	Ipswich Jaffa RC
294	Jake	Waggott	Ipswich Jaffa RC
295	kelly	wagland	
296	Jerry	Walder	Colchester Harriers AC
297	Peter	Warland	Stowmarket Striders RC
298	Sharon	Warland	Stowmarket Striders RC
299	Suzy	Waters	
300	Robert	Webb	
301	Paul	Webster	
302	David	Weeding	
303	Claire	Welford	
304	Mark	Weston	
305	Jo	Whelan	Felixstowe RRC
306	Geraint	White	Ipswich Jaffa RC
307	Hugh	White	
308	Emily	White	
309	James	White	
310	Mark	White	Haverhill Running Club
311	Nicola	Whitley	Capel Cheetahs
312	Helen	Wigley	
313	Ross	Wilcox	Stowmarket Striders RC
314	Glyn	Williams	Hadleigh Hares
315	Alexea	Williams	
316	Andy	Wing	Stowmarket Striders RC
317	Kate	Wood	Woodbridge Shufflers RC
318	Peter	Woods	Felixstowe RRC
319	Maureen	Wright	Ipswich Jaffa RC
320	Thomas	Wright	
321	Helen	Yellop	Capel Cheetahs
322	Dave	Young	
323	Blank	ZZ Blank	
324	Blank	ZZ Blank	
325	Blank	ZZ Blank	

326	Blank	ZZ Blank
327	Blank	ZZ Blank
328	Blank	ZZ Blank
329	Blank	ZZ Blank
330	Blank	ZZ Blank