

John Chisnall Hadleigh 5 @12/11/18

Race Number	Firstname	Lastname	Running Club
1	Vic	Ackerman	
2	Cliff	Adam	
3	Lucy	Ainsley	
4	Jimmy	Aitken	
5	Helen	Allan	
6	Shaheda	Ambrose	
7	Chris	Axford	Jogging Made Easy
8	Jack	Axford	Jogging Made Easy
9	Chris	Aylmer	Newmarket Joggers
10	Jane	Basham	
11	Matthew	Bennett	Ipswich Harriers
12	Carl	Bergdahl	Ipswich Jaffa RC
13	Molly	Bergdahl	
14	conner	bilner	Ipswich Jaffa RC
15	Stephen	Bland	
16	Samantha	Brace	
17	Kim	Braybrook	
18	Tim	Braybrook	
19	Kate	Brett	
20	David	Brewster	
21	Doranne	Brewster	
22	Russel	Breyer	Ipswich Triathlon Club
23	Kristina	Bright	Haverhill Running Club
24	Joanne	Brooke	Felixstowe RRC
25	Emma	Brown	
26	Kerry	Buckley	
27	Samuel	Burdett	Stowmarket Striders RC
28	William	Burdett	Stowmarket Striders RC
29	Jack	Burman	
30	John	Bush	Great Bentley Running Club
31	Nicola	Caba	
32	Kieran	Callaghan	Colchester Harriers AC
33	Nicola	Cant	Sudbury Joggers
34	jen	carter	
35	Mervyn	Cattermole	
36	Nicola	Challis	Harwich Runners
37	Caroline	Chapman	Saint Edmund Pacers
38	Gill	Charlton	Stowmarket Striders RC
39	Duncan	Chenery	Ipswich Jaffa RC
40	Mandy	Chinery	
41	Mark	Chisnall	
42	Aleandra	Chisnall	
43	Ben	Cowley	Saxmundham Sports Running & Fitness Club

44	Ruth	Cowlin	Sudbury Joggers
45	David	Crissell	
46	Emma	Cummings	
47	Scott	Cummings	
48	Cheryl	Damen	
49	robert	darnell	
50	Ffion	Davies	
51	Ruth	Davies	
52	Caroline	Davis	
53	Paul	Dodsworth	
54	Jeremy	Downs	Harwich Runners
55	Erika	Downs	Felixstowe RRC
56	SARAH	EDWARDS	
57	Paul	Elliott	
58	Christine	Evans	
59	Melonie	Evans	TRISudbury
60	Danielle	Evans	
61	Karl	Feagan	Hadleigh Hares AC
62	David	Field	Stowmarket Striders RC
63	Anne	Fish	Stowmarket Striders RC
64	Grayhame	Fish	Stowmarket Striders RC
65	katie	flory	
66	Sophie	Flux	
67	Caitlim	Fosker	Hadleigh Hares AC
68	simon	fraser	
69	Robin	Fussell	
70	Juliet	Garnham	Stowmarket Striders RC
71	Chris	Gay	Stowmarket Striders RC
72	Bex	Gilbert	
73	Mandy	Godbold	Ipswich Harriers
74	Mark	Godbold	Ipswich Harriers
75	david	graham	Lowestoft Road Runners
76	Stuart	Green	Stowmarket Striders RC
77	Sarah	Griffiths	
78	Richard	Groom	
79	David	Guest	
80	Sarah	gwalter	
81	Jordan	Hall	
82	Deborah	Hall	
83	Karen	Hamblin	
84	Karen	Hamilton	Stowmarket Striders RC
85	Sally-Ann	Hammond	
86	Emma	Harris	
87	Matthew	Harvey	
88	Vanessa	Harvey	
89	Andy	Hayward	Stowmarket Striders RC
90	Sarah	Hearn	

91	Chris	Hobbs	
92	Rosanna	Holden	Jogging Made Easy
93	Tony	Holland	Ipswich Jaffa RC
94	Deborah	Hollidge	Great Bentley Running Club
95	Nathalie	Hooper	Hadleigh Hares AC
96	Adam	Howlett	Framlingham Flyers
97	Tracy	Humphreys	Stowmarket Striders RC
98	Corinna	Hussey	Ipswich Jaffa RC
99	Neil	Jackson	
100	Darron	Jackson	
101	Trish	Jarvis	Jogging Made Easy
102	Georgie	Jemmeson	Running Colchester
103	nigel	johns	Capel Cheetahs
104	Jan	Kading	Stowmarket Striders RC
105	JOANNE	KLUSS	Boxted Runners
106	Peter	Lang	Waveney Valley AC
107	Chloe	Legg	
108	Naomi	Lodge	
109	Angela	Mann	Running Colchester
110	Cliff	Manning	Sudbury Joggers
111	christine	marsh	
112	Stephen	Mead	Stowmarket Striders RC
113	Jenny	Merry	Sudbury Joggers
114	Kirsty	Millard	Haverhill Running Club
115	David	Miller	
116	Frank	Moggan	Stowmarket Striders RC
117	Ian	Moore	Wymondham AC
118	Jenny	Morgan	St Edmund Pacers
119	Teresa	Morse	
120	Gemma	Nachman	
121	Louise	Norris	Boxted Runners
122	Clare	Norton	
123	Belinda	Palmer-Barnes	Great Bentley Running Club
124	Julie	Parr	
125	gary	pearson	
126	John	Perry	
127	Nick	Potter	Suffolk Trail Runners
128	Amanda	Prior	Capel Cheetahs
129	Hannah	Prior	
130	Jamie	Randall	Haverhill Running Club
131	Yolanda	Rankin	
132	Alison	Renshaw	Ipswich Jaffa
133	Steve	Reynolds	
134	Jonathan	Reynolds	
135	Suzanne	rice	
136	Jan	Risebrow	Felixstowe RRC
137	Joe	Roberts	

138	Rachel	Rodgers	
139	Mike	Rosbrook	Hadleigh Hares AC
140	Sara	Roxby-Clarke	Harwich Runners
141	Andrew	Sargent	Stowmarket Striders RC
142	Georgina	Seakens	
143	J	Secker	Sudbury Joggers
144	jacqui	seymour	Stowmarket Striders RC
145	JOHN	SKELLY	Waveney Valley AC
146	Richard	Smith	Felixstowe RRC
147	Lisa	Smith	
148	Chris	Smith	
149	Mark	Smith	
150	Victoria	Smith	
151	Oliver	Smith	
152	James	Smith	
153	Angela	Soames	Felixstowe RRC
154	Sally	Solomon	Felixstowe RRC
155	Jennifer	Sones	
156	Tracey	Squirrell	
157	Tania	Stacey	
158	Hayley	Steward	
159	Daniel	Summersgill	
160	Hollie	Sutherland	Felixstowe RRC
161	Anne	Swinyard	
162	Tanya	Taylor-Balls	
163	Cheryl	Thomas	Ipswich Jaffa RC
164	Andy	Turner	Hadleigh Hares
165	Sharon	Turner	
166	kelly	wagland	
167	Westley	Walker	Haverhill Running Club
168	Catherine	Walsh	Felixstowe RRC
169	Kevin	Ward	
170	Stuart	Ward	
171	Laura	Welham	
172	Angela	whiting	Stowmarket Striders RC
173	Kate	Wills	
174	James	Wood	Sudbury Joggers