

Hadleigh Hares 10 Mile Road Race Results 2009 - Provisional

| Pos | Time | No | First Name | Surname | Club Name | Category |
|-----|----------|-----|------------|--------------|------------------------------|---------------|
| 1 | 00:55:03 | 269 | Chris | Sellens | Colchester Harriers AC | Male Senior |
| 2 | 00:56:12 | 195 | Wesley | Benton | Sudbury Joggers | Male Senior |
| 3 | 00:57:20 | 250 | Robert | Reason | Harwich Runners | Male Senior |
| 4 | 00:57:37 | 296 | Allen | Smalls | Colchester Harriers AC | Male Vet 40 |
| 5 | 00:58:13 | 169 | Graeme | Knott | Harwich Runners | Male Senior |
| 6 | 00:58:53 | 307 | Stuart | Warner | City of Portsmouth AC | Male Senior |
| 7 | 00:59:11 | 227 | Pawel | Hundz | Unattached | Male Senior |
| 8 | 00:59:13 | 203 | Tim | Topper | Norfolk Gazelles | Male Senior |
| 9 | 00:59:27 | 199 | John | Manlow | Ely Runners | Male Vet 40 |
| 10 | 00:59:53 | 294 | Jason | Meachen | Harwich Runners | Male Senior |
| 11 | 01:00:02 | 268 | Andrew | Kearton | Colchester Harriers AC | Male Senior |
| 12 | 01:00:08 | 327 | Paul | Helliwell | Colchester Harriers AC | Male Vet 40 |
| 13 | 01:00:16 | 138 | Alexander | Macmillen | Colchester Harriers AC | Male Vet 40 |
| 14 | 01:00:29 | 205 | Mark | Armitage | Halstead Road Runners | Male Vet 40 |
| 15 | 01:00:34 | 345 | Ben | Caisey | Unattached | Male Senior |
| 16 | 01:01:21 | 156 | Steve | Bates | Coltishall Joggers | Male Senior |
| 17 | 01:02:04 | 283 | Terry | Back | Ipswich JAFFA | Male Vet 50 |
| 18 | 01:02:34 | 317 | Nick | Smith | Clopton Emu Breeders (N_Aff) | Male Senior |
| 19 | 01:02:48 | 72 | Gary | Thompson | Ipswich JAFFA | Male Senior |
| 20 | 01:03:00 | 224 | Scott | MacSephney | Ipswich JAFFA | Male Vet 40 |
| 21 | 01:03:24 | 273 | Wayne | Jackson | Stowmarket Striders | Male Senior |
| 22 | 01:03:51 | 183 | Mark | Bowditch | Ipswich Triathlon Club | Male Vet 40 |
| 23 | 01:03:54 | 198 | Alan | Dawson | St Edmund Pacers | Male Vet 50 |
| 24 | 01:04:20 | 206 | Alistair | Dick | Ipswich JAFFA | Male Vet 45 |
| 25 | 01:04:25 | 266 | David | Wood | Unattached | Male Vet 40 |
| 26 | 01:04:47 | 200 | Andrew | Buck | Sudbury Joggers | Male Vet 45 |
| 27 | 01:04:52 | 135 | Jonathan | Davy | Felixstowe Road Runners | Male Vet 50 |
| 28 | 01:04:52 | 290 | Carl | Heron | Queensbury RC (Bradford) | Male Vet 45 |
| 29 | 01:04:58 | 284 | Clive | Thomas | Gt Bentley Running Club | Male Vet 45 |
| 30 | 01:05:03 | 192 | Lee | Rudland | Ipswich JAFFA | Male Senior |
| 31 | 01:05:09 | 316 | Natasha | Belsom | Ipswich JAFFA | Female Senior |
| 32 | 01:05:30 | 103 | Terry | Epps | Wyndham AC | Male Vet 55 |
| 33 | 01:05:37 | 331 | Eddie | Greenland | Wyndham AC | Male Vet 40 |
| 34 | 01:05:44 | 112 | Jason | Ridgeon | Unattached | Male Vet 40 |
| 35 | 01:05:45 | 179 | Stuart | Green | Stowmarket Striders | Male Vet 45 |
| 36 | 01:06:04 | 214 | Mark | Rutter | Harwich Runners | Male Vet 45 |
| 37 | 01:06:18 | 258 | Paul | Preston | Sudbury Joggers | Male Senior |
| 38 | 01:06:20 | 155 | Adam | Johnson | Hadleigh Hares A.C. | Male Vet 40 |
| 39 | 01:06:45 | 99 | John | Thorpe | Ipswich JAFFA | Male Senior |
| 40 | 01:06:57 | 100 | David | Timmey | Unattached | Male Vet 40 |
| 41 | 01:07:03 | 128 | Simon | Harrison | Ipswich JAFFA | Male Senior |
| 42 | 01:07:50 | 159 | Lloyd | Miles | Unattached | Male Vet 40 |
| 43 | 01:08:16 | 71 | Gregor | Kennedy | Unattached | Male Vet 40 |
| 44 | 01:08:27 | 313 | James | Haskey-Jones | Tiptree Road Runners | Male Vet 40 |
| 45 | 01:08:40 | 186 | Darren | Sheppard | Fell Runners Association | Male Senior |
| 46 | 01:08:41 | 211 | Ker | Macrosson | Ipswich JAFFA | Male Vet 55 |
| 47 | 01:08:42 | 78 | Graham | White | Bildeston Bounders AC | Male Vet 50 |
| 48 | 01:08:46 | 292 | Becky | McCorquodall | Harwich Runners | Female Vet 35 |
| 49 | 01:09:22 | 351 | John | Greener | St Edmund Pacers | Male Vet 40 |
| 50 | 01:09:28 | 182 | Lucy | Bowditch | Ipswich Triathlon Club | Female Vet 45 |
| 51 | 01:09:31 | 303 | Pat | Abbott | Unattached | Male Vet 40 |
| 52 | 01:09:43 | 5 | Alan | Jackson | Ipswich JAFFA | Male Vet 50 |
| 53 | 01:09:46 | 330 | Neville | Clarke | Newmarket Joggers | Male Vet 55 |
| 54 | 01:09:56 | 24 | Paul | Horne | Vegetarian Cycling & AC | Male Vet 45 |
| 55 | 01:09:58 | 170 | Kate | Hodfkiss | Harwich Runners | Female Senior |
| 56 | 01:10:17 | 256 | Louise | Hampshire | Unattached | Female Senior |
| 57 | 01:10:22 | 45 | Arthur | Whiston | Colchester Harriers AC | Male Vet 55 |
| 58 | 01:10:37 | 359 | Jem | Smith | Sudbury Joggers | Male Senior |
| 59 | 01:10:52 | 267 | Rodger | Alexander | Colchester & Tendring AC | Male Vet 50 |
| 60 | 01:11:05 | 265 | Paul | Wythe | Ipswich JAFFA | Male Senior |
| 61 | 01:11:12 | 246 | Jason | Prail | Springfield Striders AC | Male Senior |
| 62 | 01:11:28 | 6 | Nicola | Ramsey | Ipswich JAFFA | Female Senior |
| 63 | 01:11:31 | 109 | Marcus | Catlin | Ipswich JAFFA | Male Senior |
| 64 | 01:11:33 | 271 | Gideon | Burrows | Unattached | Male Senior |
| 65 | 01:11:48 | 116 | Karen | Archbold | Lowestoft Road Runners | Female Vet 40 |
| 66 | 01:12:08 | 193 | Louise | Staunton | Ipswich JAFFA | Female Senior |
| 67 | 01:12:35 | 347 | Mike | Greener | St Edmund Pacers | Male Senior |

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| Pos | Time | No | First Name | Surname | Club Name | Category |
|-----|----------|-----|-------------|---------------|---------------------------|-------------------------|
| 68 | 01:12:48 | 137 | Frances | Cooke | March Athletic Club | Female Vet 50 |
| 69 | 01:12:59 | 97 | Nigel | Harris | Unattached | Male Senior |
| 70 | 01:13:01 | 272 | Lee | Edwards | Stowmarket Striders | Male Senior |
| 71 | 01:13:03 | 204 | Peter | Baguley | Ipswich JAFFA | Male Vet 50 |
| 72 | 01:13:05 | 37 | Eamonn | McCusker | Ryston Runners | Male Vet 55 |
| 73 | 01:13:06 | 76 | Mary | Nary | Stowmarket Striders | Female Vet 40 |
| 74 | 01:13:09 | 312 | Charlotte | Knapnell | Colchester & Tendring AC | Female Senior |
| 75 | 01:13:12 | 172 | Sarah | Fossberg | Harwich Runners | Female Vet 40 |
| 76 | 01:13:15 | 85 | Darren | Horne | Unattached | Male Senior |
| 77 | 01:13:22 | 150 | Shaun | Conway | Unattached | Male Vet 45 |
| 78 | 01:13:28 | 242 | Robin | Belsom | Ipswich JAFFA | Male Vet 45 |
| 79 | 01:13:30 | 143 | Claire | Elliman | Unattached | Female Senior |
| 80 | 01:13:33 | 235 | Joanne | Plumb | Unattached | Female Vet 35 |
| 81 | 01:13:38 | 263 | Darren | Ely | Unattached | Male Senior |
| 82 | 01:14:07 | 311 | Derek | Greenham | Colchester & Tendring AC | Male Vet 45 |
| 83 | 01:14:11 | 107 | Nicholas | Porter | Trail Running Association | Male Vet 45 |
| 84 | 01:14:15 | 68 | Sean | Jermy | Gt Yarmouth RRC | Male Senior |
| 85 | 01:14:24 | 118 | Sue | Spong | Havering 90 Joggers | Female Vet 50 |
| 86 | 01:14:24 | 207 | Angel | Perez | Unattached | Unable to place in Cat. |
| 87 | 01:14:32 | 302 | Duncan | Chenery | Ipswich JAFFA | Male Vet 50 |
| 88 | 01:14:36 | 75 | Zoe | Lyons | Colchester Harriers AC | Female Senior |
| 89 | 01:14:38 | 12 | Peter | Frost | Unattached | Male Vet 40 |
| 90 | 01:14:53 | 56 | Richard | Flutter | Unattached | Male Vet 40 |
| 91 | 01:15:07 | 314 | Darren | Lee | Unattached | Male Vet 40 |
| 92 | 01:15:13 | 217 | Verne | Bartrop | 100 Marathon Club | Male Vet 60 |
| 93 | 01:15:31 | 119 | Clive | Purbrook | Royston Runners | Male Vet 50 |
| 94 | 01:15:44 | 134 | Patrick | Young | Unattached | Male Vet 45 |
| 95 | 01:16:01 | 358 | Simon | Lockweed | Ipswich Triathlon Club | Male Vet 40 |
| 96 | 01:16:05 | 81 | Clive | Mills | Unattached | Male Vet 40 |
| 97 | 01:16:08 | 270 | Paul | Barton | Unattached | Male Vet 40 |
| 98 | 01:16:13 | 49 | David | Husband | Ipswich Triathlon Club | Male Senior |
| 99 | 01:16:14 | 295 | Penny | Waggott | Stowmarket Striders | Female Vet 40 |
| 100 | 01:16:21 | 236 | Haley | Suttle | Stowmarket Striders | Female Vet 45 |
| 101 | 01:16:25 | 245 | John | Cornell | Unattached | Male Vet 45 |
| 102 | 01:16:26 | 354 | Scott | Sherman | Stowmarket Striders | Male Senior |
| 103 | 01:16:27 | 167 | Sue | Net | Unattached | Female Vet 40 |
| 104 | 01:16:31 | 102 | Maison | Urwin | Colchester Harriers AC | Male Vet 40 |
| 105 | 01:16:35 | 300 | Jamie | Neil | Unattached | Male Senior |
| 106 | 01:16:37 | 201 | Rob | Lane | Colchester Harriers AC | Male Senior |
| 107 | 01:16:42 | 40 | John | Ford | Unattached | Male Vet 55 |
| 108 | 01:16:42 | 44 | Mark | Andrews | Unattached | Male Vet 40 |
| 109 | 01:16:49 | 291 | Oliver | Southgate | Ipswich JAFFA | Male Senior |
| 110 | 01:17:04 | 293 | Jonathan | Burls | Harwich Runners | Male Vet 50 |
| 111 | 01:17:07 | 158 | Michael | White | Unattached | Male Senior |
| 112 | 01:17:15 | 279 | McCartney | Bennett | Unattached | Male Vet 45 |
| 113 | 01:17:17 | 304 | Steve | Cox | Hadleigh Hares A.C. | Male Vet 45 |
| 114 | 01:17:19 | 22 | Fiona | Mumford | Sudbury Joggers | Female Vet 35 |
| 115 | 01:17:23 | 149 | Clare | Adams | Colchester Harriers AC | Female Vet 40 |
| 116 | 01:17:23 | 363 | Will | Steed | Unattached | Male Senior |
| 117 | 01:17:35 | 315 | Gordon | Funnell | Hadleigh Hares A.C. | Male Vet 50 |
| 118 | 01:17:37 | 190 | Stuart | Simmons | Unattached | Male Senior |
| 119 | 01:17:39 | 114 | Laura | Stott | Colchester Harriers AC | Female Senior |
| 120 | 01:17:41 | 225 | Sophie | Newman | Unattached | Female Senior |
| 121 | 01:17:44 | 153 | Christopher | Lee | Colchester Harriers AC | Male Vet 50 |
| 122 | 01:17:51 | 35 | Barry | Game | Unattached | Male Senior |
| 123 | 01:17:53 | 337 | Peter | Johnson | British Triathlon Assoc | Male Vet 50 |
| 124 | 01:17:53 | 69 | Jo | Stephenson | Stowmarket Striders | Female Vet 40 |
| 125 | 01:18:00 | 252 | Ron | Ames | Stowmarket Striders | Male Vet 60 |
| 126 | 01:18:02 | 329 | Graham | Coleman | Wymondham AC | Male Vet 45 |
| 127 | 01:18:05 | 228 | Diane | Wooler | Colchester & Tendring AC | Female Vet 55+ |
| 128 | 01:18:06 | 173 | Glyn | Peck | Harwich Runners | Male Vet 65+ |
| 129 | 01:18:13 | 11 | Lloyd | Evens | Unattached | Male Senior |
| 130 | 01:18:15 | 41 | Sally | Catton-Newell | Unattached | Female Senior |
| 131 | 01:18:15 | 42 | Andrew | Catton | Unattached | Male Senior |
| 132 | 01:18:17 | 261 | David | Headspeath | Unattached | Male Senior |
| 133 | 01:18:17 | 308 | Tom | Olive | Unattached | Male Senior |
| 134 | 01:18:21 | 318 | Frank | Moggan | Stowmarket Striders | Male Vet 60 |

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|-----|----------|-----|-------------|---------------|------------------------------|----------------|
| 135 | 01:18:23 | 218 | Jane | Garland | Sudbury Joggers | Female Vet 40 |
| 136 | 01:18:53 | 104 | Denis | Mole | Havering 90 Joggers | Male Vet 60 |
| 137 | 01:18:57 | 168 | Elsbeth | Knott | Harwich Runners | Female Vet 55+ |
| 138 | 01:19:03 | 191 | Helen | Waters-Clarke | Unattached | Female Senior |
| 139 | 01:19:08 | 148 | Yvonne | Parker | Road Runners Club | Female Vet 50 |
| 140 | 01:19:19 | 350 | Fiona | Cox | Unattached | Female Vet 35 |
| 141 | 01:19:29 | 10 | Joseph | Dilworth | Grange Farm & Dunmow Runners | Male Vet 45 |
| 142 | 01:19:34 | 113 | Richard | Coker | Unattached | Male Senior |
| 143 | 01:19:35 | 305 | Alix | Wilson | Sudbury Joggers | Male Senior |
| 144 | 01:19:48 | 177 | Jenny | Sheahan | Ipswich JAFFA | Female Fet 45 |
| 145 | 01:19:50 | 328 | Michael | Leaort | Unattached | Male Senior |
| 146 | 01:19:54 | 171 | Kate | Thomas | Harwich Runners | Female Vet 40 |
| 147 | 01:19:56 | 197 | Natalie | Mostert | Ipswich JAFFA | Female Senior |
| 148 | 01:20:04 | 46 | Ross | Silverton | Witham RC | Male Vet 60 |
| 149 | 01:20:24 | 54 | Neil | Atherton | Unattached | Male Vet 50 |
| 150 | 01:20:28 | 140 | Mike | Munson | Stowmarket Striders | Male Vet 55 |
| 151 | 01:20:31 | 348 | Christopher | Thornton | Unattached | Male Vet 45 |
| 152 | 01:20:36 | 286 | Neil | Packer | Peake Fitness | Male Vet 40 |
| 153 | 01:20:38 | 185 | Daniel | Pearce | Harwich Runners | Male Senior |
| 154 | 01:20:38 | 208 | John | Penny | Unattached | Male Vet 50 |
| 155 | 01:20:44 | 178 | David | Gridley | Havering 90 Joggers | Male Vet 40 |
| 156 | 01:20:46 | 115 | Paul | Heeks | Stowmarket Striders | Male Vet 40 |
| 157 | 01:20:48 | 324 | Richard | Fellingham | Stowmarket Striders | Male Vet 60 |
| 158 | 01:20:52 | 355 | Fiona | Hunt | Ipswich JAFFA | Female Vet 35 |
| 159 | 01:21:02 | 4 | David | Garnham | Ipswich JAFFA | Male Vet 40 |
| 160 | 01:21:12 | 184 | John | Cooke | Colchester Harriers AC | Male Vet 40 |
| 161 | 01:21:22 | 180 | David | Daniels | Stowmarket Striders | Male Vet 45 |
| 162 | 01:21:39 | 301 | Michelle | Constable | Ipswich Triathlon Club | Female Vet 40 |
| 163 | 01:21:40 | 321 | Steven | Rue | St Edmund Pacers | Male Vet 55 |
| 164 | 01:21:43 | 259 | Ian | Gascoigne | Unattached | Male Vet 50 |
| 165 | 01:21:43 | 335 | David | Payne | Witham RC | Male Vet 50 |
| 166 | 01:21:45 | 226 | Adam | Kendall | Unattached | Male Senior |
| 167 | 01:21:51 | 247 | Jonathan | Price | Sudbury Joggers | Male Vet 55 |
| 168 | 01:22:02 | 154 | Terry | Brooker | Colchester Harriers AC | Male Vet 45 |
| 169 | 01:22:12 | 139 | Melanie | Roberts | Woodbridge Shufflers | Female Vet 50 |
| 170 | 01:22:15 | 289 | Helen | Ivory | Tiptree Road Runners | Female Vet 55+ |
| 171 | 01:22:26 | 366 | Paul | Hastings | Unattached | Male Vet 40 |
| 172 | 01:22:52 | 136 | Keith | Robin | 53-12 Multisports | Male Vet 40 |
| 173 | 01:22:52 | 367 | Noel | Spruce | North Norfolk Beach Runners | Male Vet 60 |
| 174 | 01:22:53 | 92 | Adrian | Russell | Woodford Green with Essex L. | Male Vet 45 |
| 175 | 01:22:55 | 98 | Craig | Anderson | Unattached | Male Vet 50 |
| 176 | 01:22:58 | 146 | John | Lambert | Ipswich JAFFA | Male Vet 60 |
| 177 | 01:23:01 | 20 | Cheryl | Watson | Unattached | Female Vet 40 |
| 178 | 01:23:03 | 278 | Paddu | O'Flynn | Unattached | Male Vet 45 |
| 179 | 01:23:03 | 299 | Wilfred | Campbell | Ipswich JAFFA | Male Vet 45 |
| 180 | 01:23:08 | 341 | David | Levens | Felixstowe Road Runners | Male Vet 45 |
| 181 | 01:23:12 | 222 | Harry | Smith | Stowmarket Striders | Male Vet 40 |
| 182 | 01:23:16 | 151 | Martin | West | Harwich Runners | Male Vet 60 |
| 183 | 01:23:18 | 282 | Steven | Kent | Harwich Runners | Male Vet 45 |
| 184 | 01:23:24 | 274 | Carl | Beer | Unattached | Male Senior |
| 185 | 01:23:24 | 255 | Mark | Crack | Unattached | Male Vet 45 |
| 186 | 01:24:00 | 232 | Andy | Free | Unattached | Male Senior |
| 187 | 01:24:19 | 243 | Catherine | Abbott | Unattached | Female Vet 35 |
| 188 | 01:24:25 | 84 | Peter | Finch | Unattached | Male Vet 45 |
| 189 | 01:24:27 | 175 | Julian | Cordwell | Harwich Runners | Male Vet 55 |
| 190 | 01:24:28 | 142 | Mark | Smith | Unattached | Male Senior |
| 191 | 01:24:31 | 209 | Ann | Piercy | Harwich Runners | Female Vet 50 |
| 192 | 01:24:37 | 94 | Angela | Brown | Unattached | Female Vet 50 |
| 193 | 01:24:39 | 147 | Christopher | Brittain | Road Runners Club | Male Vet 55 |
| 194 | 01:24:59 | 77 | Colin | Forrester | Stowmarket Striders | Male Vet 45 |
| 195 | 01:25:08 | 262 | Janet | Hill | Springfield Striders AC | Female Vet 55+ |
| 196 | 01:25:12 | 164 | Ian | Griffiths | Unattached | Male Vet 50 |
| 197 | 01:25:17 | 238 | Stephen | Wood | Ipswich JAFFA | Male Vet 50 |
| 198 | 01:25:18 | 221 | Paul | Theobald | St Edmund Pacers | Male Vet 50 |
| 199 | 01:25:22 | 129 | Tim | Tyder | Unattached | Male Vet 45 |
| 200 | 01:25:39 | 157 | Willem | Hart | Unattached | Male Vet 45 |
| 201 | 01:25:40 | 343 | David | Coley | Ipswich JAFFA | Male Vet 60 |

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| 202 | 01:25:45 | 220 | Paul | Maycock | Capel Cheetahs | Male Vet 50 |
| 203 | 01:25:48 | 117 | Simon | Bunting | Lowestoft Road Runners | Male Vet 40 |
| 204 | 01:26:01 | 239 | Hilary | Wood | Ipswich JAFFA | Female Fet 45 |
| 205 | 01:26:05 | 120 | Stepen | Bright | Triathlon upporters Club | Male Vet 45 |
| 206 | 01:26:19 | 124 | Chris | Rust | Dartford Harriers | Male Vet 55 |
| 207 | 01:26:30 | 176 | Tina | Belsom | Stowmarket Striders | Female Fet 45 |
| 208 | 01:26:30 | 231 | Shaun | Taylor | Unattached | Male Vet 50 |
| 209 | 01:26:32 | 188 | Jason | Marsh | Unattached | Male Senior |
| 210 | 01:26:37 | 101 | David | Wright | Unattached | Male Vet 40 |
| 211 | 01:26:38 | 241 | Sara | Nicole | Hadleigh Hares A.C. | Female Senior |
| 212 | 01:26:40 | 297 | Leslie | Basham | Stowmarket Striders | Male Vet 65+ |
| 213 | 01:26:43 | 79 | Keith | Fisher | Unattached | Male Vet 45 |
| 214 | 01:26:50 | 194 | Roger | Duffield | Tiptree Road Runners | Male Vet 65+ |
| 215 | 01:27:07 | 48 | Nick | Grange | Unattached | Male Senior |
| 216 | 01:27:19 | 23 | Laura | Steavenson | Real Buzz.com | Female Senior |
| 217 | 01:27:37 | 87 | Lorna | Pettifer | Pitsea Running Club | Female Vet 40 |
| 218 | 01:27:44 | 339 | Jane | Chaple | Unattached | Female Vet 40 |
| 219 | 01:27:48 | 50 | Malcolm | Hogarth | Stowmarket Striders | Male Vet 50 |
| 220 | 01:27:52 | 33 | Charlotte | Brown | Unattached | Female Senior |
| 221 | 01:27:54 | 80 | Lyn | Foster | Gt Bentley Running Club | Female Vet 55+ |
| 222 | 01:27:58 | 352 | Rob | Butler | Unattached | Male Vet 45 |
| 223 | 01:28:05 | 322 | Anna | Clafrey | Hadleigh Hares A.C. | Female Vet 40 |
| 224 | 01:28:14 | 234 | Gary | Wright | Unattached | Male Vet 40 |
| 225 | 01:28:18 | 370 | Mark | Rudland | Unattached | Male Vet 40 |
| 226 | 01:28:25 | 27 | Rachel | Speake | Bildeston Bounders AC | Female Vet 40 |
| 227 | 01:28:25 | 62 | Mac | Speake | Bildeston Bounders AC | Male Vet 65+ |
| 228 | 01:28:27 | 163 | Sarah | Hunt | Hadleigh Hares A.C. | Female Vet 40 |
| 229 | 01:28:30 | 334 | Mark | Wilson | Unattached | Male Senior |
| 230 | 01:28:40 | 160 | Ian | St=John | Unattached | Male Vet 55 |
| 231 | 01:28:45 | 253 | Mon | Lee | Ipswich JAFFA | Male Vet 50 |
| 232 | 01:28:57 | 298 | Rachel | Richardson | Colchester Harriers AC | Female Fet 45 |
| 233 | 01:28:58 | 88 | John | Pettifer | Pitsea Running Club | Male Vet 60 |
| 234 | 01:29:03 | 233 | Dan | Clow | Springfield Striders AC | Male Senior |
| 235 | 01:29:09 | 306 | Anne | Florence | Diss Athletic Club | Female Vet 55+ |
| 236 | 01:29:15 | 357 | Chris | Browes | Felixstowe Road Runners | Male Vet 50 |
| 237 | 01:29:16 | 356 | Ann | Rideout | Felixstowe Road Runners | Female Vet 40 |
| 238 | 01:29:19 | 108 | Dan | Lavender | Unattached | Male Vet 40 |
| 239 | 01:29:24 | 65 | Paul | Goulsbra | Unattached | Male Vet 40 |
| 240 | 01:29:32 | 285 | Andrew | Hovell | Unattached | Male Vet 40 |
| 241 | 01:29:35 | 230 | Simon | Cox | South Africa | Male Vet 40 |
| 242 | 01:29:39 | 323 | Alex | Kuczer | Unattached | Male Vet 40 |
| 243 | 01:29:45 | 368 | Tom | Bloomfield | Triatholon Essex | Male Senior |
| 244 | 01:29:59 | 353 | Sati | Sembiti | Unattached | Female Vet 40 |
| 245 | 01:30:12 | 67 | Steven | Reynolds | Unattached | Male Vet 50 |
| 246 | 01:30:20 | 310 | Joanna | Flack | Unattached | Female Vet 35 |
| 247 | 01:30:24 | 336 | Wanda | Skeet | Unattached | Female Senior |
| 248 | 01:30:41 | 257 | Anne | Gormer | Unattached | Female Vet 55+ |
| 249 | 01:30:43 | 349 | Liz | Stones | Unattached | Female Fet 45 |
| 250 | 01:30:55 | 240 | Tony | Robinson | 53-12 Multisports | Male Vet 40 |
| 251 | 01:31:10 | 319 | Corinna | Hussey | Hadleigh Hares A.C. | Female Vet 35 |
| 252 | 01:31:32 | 244 | Bill | Clissold | Epping Tri Club | Male Vet 50 |
| 253 | 01:31:42 | 210 | Colin | Harvey | Harwich Runners | Male Vet 40 |
| 254 | 01:31:45 | 229 | Simon | Price | Gt Bentley Running Club | Male Senior |
| 255 | 01:31:56 | 276 | Keith | Penfold | Havering 90 Joggers | Male Vet 55 |
| 256 | 01:32:05 | 277 | Sandra | Cenie | Unattached | Female Vet 50 |
| 257 | 01:32:07 | 364 | Mat | Blacoe | Hadleigh Hares A.C. | Male Vet 40 |
| 258 | 01:32:07 | 64 | Shirley | Wadham | Unattached | Female Senior |
| 259 | 01:32:08 | 121 | Gary | Elliott | Unattached | Male Vet 60 |
| 260 | 01:32:23 | 141 | Jacqueline | Smith | Unattached | Female Vet 35 |
| 261 | 01:32:30 | 309 | William | Pryor | Unattached | Male Senior |
| 262 | 01:32:31 | 28 | Niki | Macsephney | Unattached | Female Vet 35 |
| 263 | 01:32:32 | 55 | Karen | Day | Unattached | Female Vet 40 |
| 264 | 01:32:36 | 89 | Angela | Paxton | Harwich Runners | Female Vet 35 |
| 265 | 01:32:43 | 51 | Adrian | Macey | Unattached | Male Vet 40 |
| 266 | 01:32:59 | 320 | Rita | Rue | St Edmund Pacers | Female Vet 40 |
| 267 | 01:33:10 | 30 | Annabel | Dearlove | Unattached | Female Fet 45 |
| 268 | 01:33:11 | 43 | Tracey | Mclean | Unattached | Female Vet 35 |

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| 269 | 01:33:27 | 38 | Sandie | Jardine | Newmarket Joggers | Female Fet 45 |
| 270 | 01:33:29 | 287 | Sue | Hargadon | Ipswich Triathlon Club | Female Vet 50 |
| 271 | 01:33:30 | 260 | Doug | Larkham | Unattached | Male Senior |
| 272 | 01:33:38 | 342 | Donna | David | Unattached | Female Senior |
| 273 | 01:33:38 | 189 | Richard | Farnworth | Felixstowe Road Runners | Male Vet 55 |
| 274 | 01:34:15 | 326 | Hugo | Sacker | Unattached | Male Vet 45 |
| 275 | 01:34:16 | 346 | Karen | Shergold | Unattached | Female Fet 45 |
| 276 | 01:34:50 | 340 | Sally | Green | Unattached | Female Vet 50 |
| 277 | 01:34:52 | 111 | Jacqui | Hassinger | Unattached | Female Vet 40 |
| 278 | 01:34:55 | 105 | Jane | Forrester | Springfield Striders AC | Female Vet 40 |
| 279 | 01:35:14 | 165 | Francis | Humphries | Thrift Green Trotters | Female Vet 55+ |
| 280 | 01:35:17 | 161 | Rea | Howes | Unattached | Female Senior |
| 281 | 01:35:28 | 332 | Brendon | Colton | Unattached | Male Vet 40 |
| 282 | 01:35:40 | 58 | Sue | Wright | Unattached | Female Vet 50 |
| 283 | 01:35:41 | 9 | Claire | Reason | Unattached | Female Senior |
| 284 | 01:35:44 | 215 | Sarah | Hibble | Unattached | Female Vet 35 |
| 285 | 01:35:46 | 251 | Julia | Bradley | Unattached | Female Vet 35 |
| 286 | 01:35:56 | 63 | Paul | Kerrison | Harwich Runners | Male Vet 40 |
| 287 | 01:36:13 | 93 | Miranda | Rayney | Unattached | Female Vet 40 |
| 288 | 01:36:15 | 132 | Sarah | Nasmyth-Miller | Unattached | Female Fet 45 |
| 289 | 01:36:28 | 82 | Garry | Stanford | Unattached | Male Vet 55 |
| 290 | 01:36:33 | 212 | Amanda | Holmes | Unattached | Female Vet 35 |
| 291 | 01:36:34 | 213 | Michael | Holmes | Unattached | Male Vet 40 |
| 292 | 01:36:54 | 1 | Charlie | Stannett | Ipswich Triathlon Club | Male Vet 50 |
| 293 | 01:37:01 | 90 | Ali | Hysom | Unattached | Female Vet 35 |
| 294 | 01:37:01 | 91 | Lorna | Burgin | Unattached | Female Vet 40 |
| 295 | 01:37:15 | 106 | Emma | Weisblatt | Trail Running Association | Female Vet 40 |
| 296 | 01:37:17 | 365 | Logan | Mair | Unattached | Male Vet 40 |
| 297 | 01:37:19 | 254 | Chris | Coley | Unattached | Male Vet 40 |
| 298 | 01:37:29 | 61 | Louise | Hall | Unattached | Female Senior |
| 299 | 01:37:31 | 338 | Liz | McGoldrick | Unattached | Female Vet 50 |
| 300 | 01:37:40 | 223 | Anna | Smith | Stowmarket Striders | Female Vet 35 |
| 301 | 01:37:47 | 237 | Chris | Poultney | Unattached | Male Senior |
| 302 | 01:37:58 | 31 | Mark | Dearlove | Unattached | Male Vet 40 |
| 303 | 01:38:33 | 344 | Maxine | Nunn | Unattached | Female Vet 35 |
| 304 | 01:39:11 | 123 | Janet | Pyno | Dartford Harriers | Female Vet 55+ |
| 305 | 01:39:16 | 133 | Clare | Templeman | Unattached | Female Vet 40 |
| 306 | 01:39:18 | 369 | Julian | Uniake | Unattached | Male Vet 45 |
| 307 | 01:39:29 | 181 | Jayne | Cook | Unattached | Female Fet 45 |
| 308 | 01:39:45 | 288 | Lyndon | Collier | Sudbury Joggers | Male Vet 55 |
| 309 | 01:40:24 | 162 | David | Howes | Unattached | Male Vet 55 |
| 310 | 01:41:16 | 281 | Greg | Russell | Unattached | Male Vet 50 |
| 311 | 01:43:27 | 361 | Chris | Lewis | Unattached | Male Vet 40 |
| 312 | 01:43:27 | 362 | Chris | Roberts | Unattached | Female Vet 35 |
| 313 | 01:43:46 | 122 | Shelia | Pickett | Dartford Harriers | Female Vet 55+ |
| 314 | 01:44:42 | 126 | Syd | Goodwin | Dartford Harriers | Male Vet 55 |
| 315 | 01:44:42 | 125 | Ken | Pickett | Dartford Harriers | Male Vet 55 |
| 316 | 01:45:05 | 152 | Shelia | Gillie | Unattached | Female Vet 50 |
| 317 | 01:45:12 | 325 | Jasper | Corbett | Unattached | Male Vet 40 |
| 318 | 01:50:18 | 29 | Paul | Warren | Unattached | Male Vet 60 |
| 319 | 01:51:47 | 145 | Mark | Imran-Raza | Unattached | Male Senior |
| 320 | 01:51:47 | 144 | Nichola | Baxter | Unattached | Female Senior |
| 321 | 01:55:20 | 360 | Justin | Murphy | Unattached | Male Senior |
| 322 | 01:57:55 | 13 | Leanne | Lynch-Aidr | Stowmarket Striders | Female Vet 50 |
| 323 | 01:57:55 | 19 | Jane | Fisher | Unattached | Female Vet 35 |
| 324 | 01:57:55 | 17 | Kim | Gravell | Unattached | Female Fet 45 |
| 325 | 01:59:43 | 216 | Sharon | Butcher | Unattached | Female Vet 35 |
| 326 | 01:59:43 | 95 | Brian | Turner | Ipswich JAFFA | Male Vet 65+ |
| 327 | 01:59:44 | 275 | Anne | Burns | Unattached | Female Fet 45 |
| 328 | 02:02:27 | 127 | Lisa | Nichols | Dartford Harriers | Female Vet 40 |
| 329 | 02:07:19 | 280 | Elaine | Mitchell | Castle Point Joggers | Female Vet 55+ |
| 330 | 02:08:43 | 333 | Joane | Webb | Unattached | Female Vet 40 |
| | dns/dnf | 2 | Kate | Stannett | Ipswich Triathlon Club | Female Fet 45 |
| | dns/dnf | 3 | Charlotte | Turpin | Unattached | Female Senior |
| | dns/dnf | 7 | Emily | Clifton | Unattached | Female Senior |
| | dns/dnf | 8 | Tristan | Clifton | Unattached | Male Senior |
| | dns/dnf | 14 | Alistair | Phillips | Unattached | Male Vet 40 |

Hadleigh Hares 10 Mile Road Race Results 2009 - Provisional

| Pos | Time | No | First Name | Surname | Club Name | Category |
|-----|---------|-----|------------|-------------|-------------------------|----------------|
| | dns/dnf | 15 | Dave | Buckingham | Harwich Runners | Male Vet 60 |
| | dns/dnf | 16 | Stuart | Moyes | Unattached | Male Senior |
| | dns/dnf | 18 | John | Rizzo-Naudi | Triathlon Essex | Male Senior |
| | dns/dnf | 21 | Simon | Button | Unattached | Male Vet 40 |
| | dns/dnf | 25 | Mary | Davisson | Unattached | Female Vet 55+ |
| | dns/dnf | 26 | Bruce | Davidson | Unattached | Male Vet 55 |
| | dns/dnf | 32 | Stephen | Lawson | Havering 90 Joggers | Male Vet 50 |
| | dns/dnf | 34 | Justin | Palmer | Unattached | Male Senior |
| | dns/dnf | 36 | Andrew | Green | Unattached | Male Senior |
| | dns/dnf | 39 | Carla | Holroyd | Harwich Runners | Female Vet 50 |
| | dns/dnf | 47 | Cath | Breckell | Unattached | Female Vet 35 |
| | dns/dnf | 52 | Alison | Lee | Unattached | Female Vet 35 |
| | dns/dnf | 53 | Lucy | Westcott | Springfield Striders AC | Female Senior |
| | dns/dnf | 57 | Samantha | Tree | Unattached | Female Vet 35 |
| | dns/dnf | 59 | Stuart | Dolan | Unattached | Male Senior |
| | dns/dnf | 60 | Brian | Powell | Unattached | Male Vet 50 |
| | dns/dnf | 66 | Christine | Breeze | Unattached | Female Fet 45 |
| | dns/dnf | 70 | Sue | Hargadon | Ipswich Triathlon Club | Female Vet 50 |
| | dns/dnf | 73 | Hazel | Spalding | Ipswich JAFFA | Female Vet 50 |
| | dns/dnf | 74 | Ian | Stobirski | Witham RC | Male Senior |
| | dns/dnf | 83 | Lucy | Burt | Unattached | Female Senior |
| | dns/dnf | 86 | John | Murray | Unattached | Male Vet 50 |
| | dns/dnf | 96 | Peter | Thomas | Colchester Harriers AC | Male Vet 65+ |
| | dns/dnf | 110 | Michael | Somelad | Gt Bentley Running Club | Male Vet 65+ |
| | dns/dnf | 130 | Simon | Treliving | Unattached | Male Senior |
| | dns/dnf | 131 | Jeff | Higgon | Harwich Runners | Male Vet 55 |
| | dns/dnf | 166 | Sukhan | Seager | Unattached | Female Vet 40 |
| | dns/dnf | 174 | Bert | Hatcher | Ipswich JAFFA | Male Vet 65+ |
| | dns/dnf | 187 | Greg | Davis | Newmarket Joggers | Male Vet 45 |
| | dns/dnf | 196 | Ruth | Belsom | Unattached | Female Fet 45 |
| | dns/dnf | 202 | Russell | Smith | Unattached | Male Senior |
| | dns/dnf | 219 | Ian | Coxhall | Ipswich JAFFA | Male Senior |
| | dns/dnf | 248 | Colin | Murfit | Unattached | Male Vet 50 |
| | dns/dnf | 249 | Joshua | Entwistle | Felixstowe Road Runners | Male Senior |
| | dns/dnf | 264 | Robert | Ely | Unattached | Male Senior |